



Checklist for Older Drivers

- **Part I** lists points seniors should review when considering continued driving.
- **Part II** covers points seniors should evaluate when considering reduced driving.

Part I: Checkpoints for Continuing to Drive

Notes

- Driver license current?
- Vision and corrective lenses adequate for driving, including night driving?
- Hearing adequate?
- Senior safe driver course completed within prior 24 months?
- Insurance coverage adequate?
- Insurance premiums paid?
- Car(s) properly licensed?
- Car(s) in good working order?
 - brakes
 - engine idle and accelerator linkage
 - seatbelts
 - tires
 - brake pedal, accelerator pedal, and floor mats
 - mirrors properly adjusted
- Possible additional safety equipment:
 - center-mounted brake light
 - backup warning buzzer
 - emergency kit
- Automobile club membership?

Part II: Checkpoints for Reducing Use of Car

Notes

- Driver comfort—do physical limitations make driving uncomfortable or unsafe?
- Driver stress—are you anxious or confused while driving?
- Driver performance—have there been recent moving violations or accidents?
- Car costs—do total automobile expenses (insurance, license, upkeep, gas, parking) exceed costs of other alternatives?
- Possible driving modifications:
 - no night driving
 - no rush hour driving
 - no freeway driving
 - no driving in snow or dangerous conditions
 - combine use of car and bus (park-and-ride)
 - ride sharing
- Alternatives to continued driving:
 - senior transit pass
 - community vans
 - taxi coupons
 - home delivered products—groceries, prescriptions, etc.
 - increased use of telephone and e-mail
 - use of chore service workers or volunteers for errands
