Nursing Facility Move-In Checklist

Use this three-part checklist to help you or your loved one make a smooth transition to living and receiving care in a nursing facility.

Part I: Before the move

- ❑ Decide which clothing and personal items will make the move.
- ❑ Mark these items with a laundry-safe form of personal identification.
- ❑ Put together a written inventory of the items you or your loved one will be taking.
- ❑ Make arrangements, as needed, for:
  - ❑ taking care of a pet
  - ❑ organizing and paying bills
  - ❑ managing property
  - ❑ other: _____

Part II: On moving day

- ❑ Unpack clothing and set up new closet.
- ❑ Hang pictures/arrange personal items.
- ❑ Get acquainted with staff and nearby residents.
- ❑ Share a meal.
- ❑ Plan an upcoming visit or outing.

Notes

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- ❑ Take a tour and spend some time exploring the building and grounds; look for amenities such as:
  - ❑ Patio or outdoor walks
  - ❑ Rooms for private meals or get-togethers
  - ❑ Library
  - ❑ Chapel
  - ❑ Activities room

Part III: Settling in after the move

- ❑ Learn about and take part in social and recreation activities.
- ❑ Learn about and join groups that interest you.
- ❑ Attend a meeting of the resident council.
- ❑ Select a new primary care physician, if you need to.
- ❑ Get acquainted with the facility's:
  - ❑ Caregivers.
  - ❑ Social work staff.
  - ❑ Chaplain.
  - ❑ Administrator.
- ❑ Switch your voter registration.

Notes

Additional Notes